

Kindness Week helps spread awareness at BHS

Bryce Salerno
Sports Editor

Kindness Week once again comes around, reminding BHS students and teachers alike that they should be kind to others, not only just for one week out of the year, but as much as possible. Kindness Week takes place from February 15 through February 18 and is put on by four clubs around Brighton High School, See Something Say Something (S4), Peer Mediation, Gay/Straight Alliance (GSA), and Students Against Destructive Decisions (SADD).

Although all the groups are slightly different, they come together for this week and work to send the same message, how showing kindness, even a small amount, can have a positive impact on someone's life.

"Kindness Week is meant to spread awareness of how even the smallest acts of kindness can help someone a ton," peer mediator Ellie DeBrule said.

Although they are promoting kindness this week, the goal of Kindness Week is much bigger than just the week itself.

"The main purpose of Kindness Week isn't to just say that you should be kind for one week, it is to re-enforce what it means to be kind and how it can really impact someone's

day," See Something Say Something president Alyssa Carnes said.

It is this message that they are trying to convey during kindness week, to be kind and accepting to others, not only during one week a year, but to start living life in this way.

"We want people to learn to be kind to each other every day, not just this week," DeBrule said. Being kind not only helps the person that you were kind to, it is also rewarding for the person performing the kind act.

"It is pretty rewarding to be nice to someone, and you never know what they are going through so it really helps them out. The rewards aren't always shown to you, but you know that they are there," Carnes said.

The first activities took place before it even started, on the Friday before the first official day of Kindness Week. During the Winterfest game, coats were collected to be donated to the less fortunate and over 300 coats were donated by the students of BHS. The coats will go to Youth Education Project Headstart Livingston, groups that will give the coats to those in need.

To officially start the week, See Something, Say Something put Valentine's day cards on each and every locker in the BHS hallways, a nice gesture as each student had a charming and somewhat whimsical



Senior Mattie Thompson helps with Kindness Week.

Photo by Megan Garvin

card on their locker.

Peer Mediation and SADD are having students sign a "Pledge for Peace" where students would sign their name on a poster outside the lunchroom, promising that they would be kind to others. Also available were cards that students could use to write kind messages to teachers that had a strong impact in their

lives.

Throughout the week, they took nominations for teachers and students that were seen doing kind acts and the winners will earn prizes at the end of the week.

Kindness Week reminds both the students of BHS and the faculty to be kind to others, not just for one week, but to attempt to live their lives in

this way, as it can be incredibly rewarding for the person performing the act, but can also be potentially life changing for someone else.

"People need to know that what they are doing can really make a difference in someone's life," Carnes said.

The Lowdown:

March 3-7
 Band Tour @ Disney

March 8
 Choir Festival

March 11-13
 DECA States

March 16
 Blood Drive

March 17-20
 Spring Play
The Crucible

March 22
 Choir
 Pre-Festival

March 24-April 3
 Spring Break

Brighton drama brings student issues to light

JT Lenga
Technical Advisor

Brighton drama program expresses their understanding of students' external and internal issues. The drama program showed the play "Do You Know Me?". The play shows some problems that teenagers face everyday. The play covers drug abuse, bullying, alcoholism, peer pressure, stress, depression, feeling alone, and the overall poor choices some teens make.

"It makes me sad every time I see it, I've seen it happen with people I know young and old. It's sad to think that so many people can get caught up in these things," health teacher Tom Kiefer said.

It's a hard topic for anyone to talk about. Most parents don't even know the extent of their child's problems. This play helps students see that there is help for them, there are people who understand what they're going through. The health play is to have students speak up

about whatever problem they are having before they hurt themselves or others.

"Every year we have the students write a response about the play, a majority of students say that they can relate to at least one thing they saw," drama teacher Jennifer Peters said.

The play is being directed by Peters. She invited the special education classes, physical education classes, and health classes to come and see the performance.

The play took place during all six hours of the day for every student to have a chance to watch. Cast members included senior Caleb Garver, freshman Elliott Hiselman, senior Joelle Gould, sophomore Emily Bennet, sophomore Abbey Zielinski, junior Vickii Mitu, junior Haley Dyce, senior Killian Bell, senior Josh DeCaire, sophomore Jenna Rossio, junior Carolann Plank, sophomore Kyle Davidson, and freshman Piper Lauer.

BHS gets rowdy at Winterfest dance

Alec Hannan
Staff Reporter

Winterfest week hit Brighton High School with style; seniors received custom Brighton beanies to show their spirit during the assembly and the rest of the week. Before the seniors received the custom hats, they were asked to sum up all of their senior year so far in three words and write them on a white board and pose for a picture.

The difference between this year's senior gifts and last year's was the type of hat. Last year and years before, the Winterfest hats were black and white trucker hats with the word "Seniors" on the front. This year the hats lacked the whiteout spirit with their gray color but students appeared much more comfortable and stylish and it seemed a lot more likely for the students to wear outside of school than the trucker hats.

"I would wear the senior hats even

in college because they're designed so well," senior Allie Lugin said.

Winterfest geared up the excitement for Friday all week through spirit days and activities. The grand finale involved the Winterfest assembly at the end of the school day on Friday in which the freshmen won over the seniors in the class competitions. The seniors appeared shocked about how much they were beaten. The only event the seniors won was the dodgeball tournament but besides that, seniors came in a close second.

"I liked watching Jason Allen smashing his face in Cool Whip," senior Shelby March said.

After school, the next event for Winterfest was the annual Winterfest basketball game which either involves the boys' basketball team or the girls' basketball team against Howell High School. "Hammer Howell" was the motto for the week and custom "Hammer Howell" t-shirts were for sale all week at The Paw for



The boys' basketball team takes the floor.

Photo by Roger Tillman

\$5. Students bought so many shirts that some sizes completely sold out.

Instead of dirty dancing and having dates to the dance, everyone was much more appropriate and fun with their dance moves. Light up wristbands were given out to every one that attended the winterfest dance which put an interesting touch to the look of the dance.

Blacklights, a DJ and neon clothes were perfect for the style of the dance since it was a casual dress code rather than people getting in dresses and suits.

The dance saved students money on Winterfest; students had to pay \$10 at the door for admission.