

No Shave November proves an honored Brighton tradition

Kailyn Braun
Opinion Editor

Every year November rolls around and the annual "No Shave November" trend starts again. No Shave November is exactly what it sounds like, men (sometimes women) attempt to not shave for the whole month of November. The money that they would spend on haircuts, shaving cream, and razors they are supposed to donate to the Movember Foundation.

What is it for? Well, the goal of No Shave November is to raise money and especially awareness of men's health issues such as depression in men, prostate cancer, testicular cancer, and other issues. This cause was created by the Movember Foundation to change the face of men's health, and broaden everyone's knowledge of men's health issues.

The Movember Foundation was created in 2003 and since then they have raised over \$650 million. This money has helped fund over 1,000 programs focusing on prostate cancer, testicular cancer, and poor mental health. The World Health Organization estimates that 510,000 men commit suicide globally each year, that's one every minute.

"More people should participate in this, it's easy enough that anyone can do it," senior Shelby March said.

The Movember Foundation has a charity event every year to encourage and "bring light" to their cause. The charity wants to encourage men or "Mo Bros" to get involved, and increase early cancer detection, di-

agnosis, effective treatments, and ultimately reduce the number of preventable deaths. By taking these steps the number of deaths because of testicular cancer, prostate cancer, and other health issues will greatly decrease.

They started out with 5 Mo Bro's and now are up to 5 million throughout the world. There are 133,976 registrants in the U.S alone right now, that have raised \$5,994,645 which is in first place out of all the countries participating and in last place is Belgium with 2,335 registrants and they raised \$34,266. For being in last, that is still a lot of money and people participating in a great cause.

"Some guys look better with a beard," senior Julia Buck said.

Many teachers and students are participating in No Shave November to support the cause. Some friends can even make it a friendly competition to see who can last the whole month without shaving, and donate the money not used for shaving to the cause and make a real difference, and change someone else's life with that money.

"It's for a great cause, so why not participate?" teacher Jonathan Wendrick said.

No Shave November is a fun cause to participate in, but more importantly this is a serious cause to help men's health issues. It's the only one out there for men just like women have the Susan G. Komen breast cancer walk, men have No Shave November. Both raise awareness and both are very important.

Thanksgiving traditions range from Lions' game to visiting New Orleans

Jack Campbell
Patch Editor

Everyone has their favorite and least favorite holidays, but it seems everyone loves Thanksgiving. The joy of getting together with your family to sit around the table and enjoy a homemade meal made by the generations above.

"Mom's mashed tates are the best food on the table," senior Tim Selesky said.

Everyone has a favorite meal that their moms or grandmothers make, whether it may be mashed potatoes, turkey, stuffing, ham, or the rolls.

"Watching the Lions pull out the win with my relatives is the best part of Thanksgiving," senior Ryan Becall said.

For Brighton High School and Lions fans they can always look forward to watching the state football team. Although the Lions are having a horrible season, the one game they can look to win is the big game on Thanksgiving to give all the people watching the game a happier Thursday.

It seems that everyone has their own certain thing that they like to make sure to get on their plate. The different aged family members will like different things but there is always things that everyone will like.

"My family and I go down a little

south of New Orleans to my Mo'ma and Papa's cottage on the crick," senior Austin Holm said.

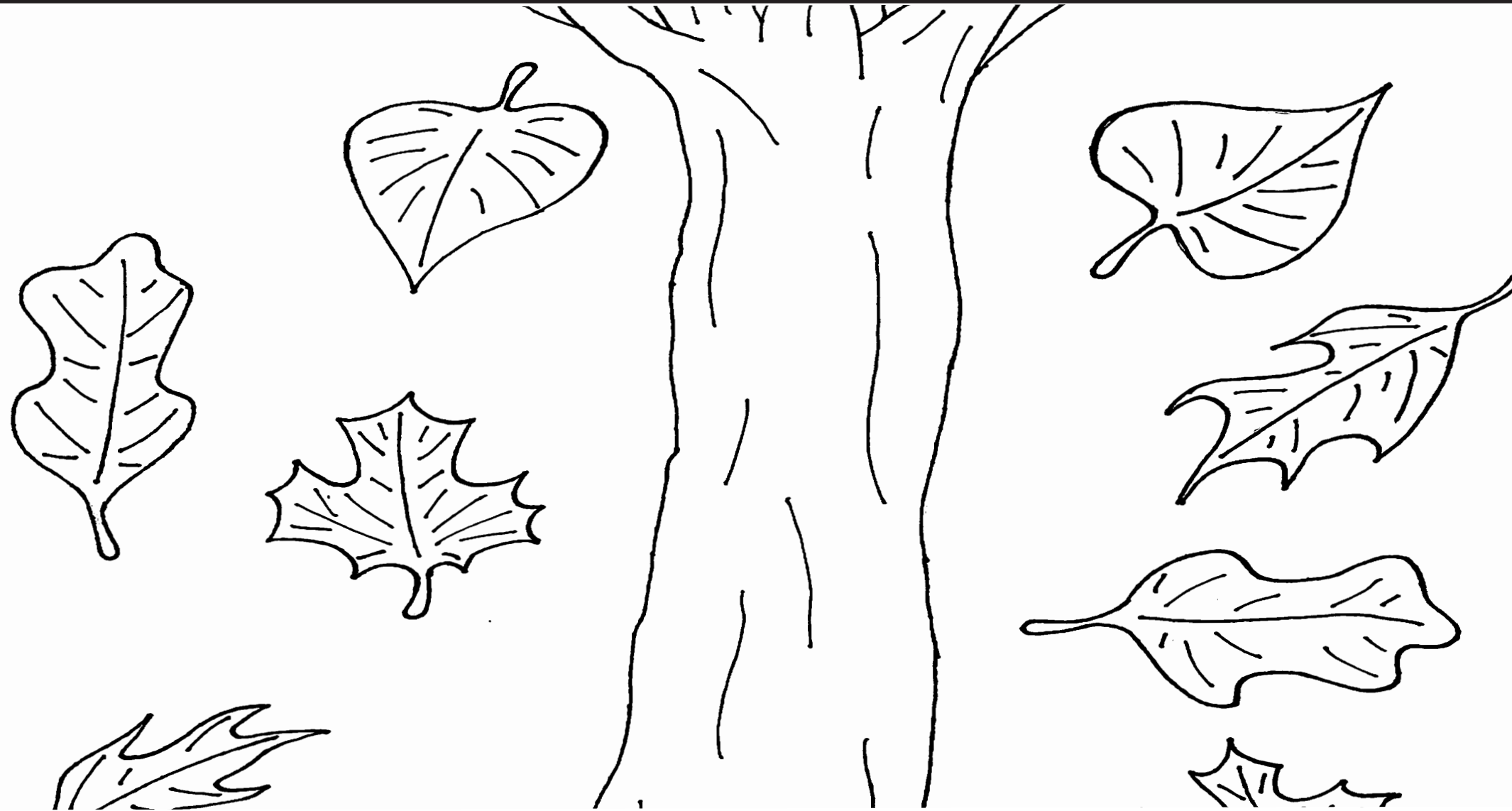
Students may hold Thanksgiving dinner at their house, or go to their grandparents, aunt's, uncle's, or sibling's homes. It is a big task to hold Thanksgiving, but it will be worth it enjoying the time with the people that are closest.

"My cousin has about 60 family members and friends over for Thanksgiving dinner," Becall said.

Thanksgiving brings everyone together for a day where everyone can see the people we have not seen in a long time. The joy of seeing family and catching up with them will bring happiness to everyone.

"I always hope for good fall weather and beautiful clouds. I love spending my time outside with my family and enjoying the brisk cold wind against my face," senior Leo Lopez said.

In Michigan, the weather is unpredictable. There could be 3 inches of snow or a 65 degree sunny day. It is all preference on what people would like for the Thanksgiving Thursday. It is always nice spending time with family on a nice day, it brings a good mood to everyone on a great day.



Lake City welcomes Young Life students for annual fall camp

Grace Bautch
Staff Reporter

For the past five years, Young Life Brighton has been around. Students may have seen or heard about Young Life from a friend or classmate, but many don't know what Young Life is really about.

Young Life is a non-denominational Christian ministry that reaches out to high school students. This club's mission is to overall introduce adolescents to Jesus Christ and help them grow their faith.

"Young Life is a great way to get to know your peers, yourself, and the big man himself," junior Kate Suave, who has attended Young Life Brighton for two years said.

Every year, more than 100,000 kids around the world spend a weekend or week at a Young Life camp. Many students here at BHS are a part of that 100,000. At camp, kids are treated to resort like facilities and have an extensive list of activities they can take part of. No matter what facility you go to the experience is the same. Young Life is open to all kids from different homes and backgrounds.

Fall camp is held at Timber Wolf Lake in Lake City, Michigan. This will be Young Life Brighton's fourth year attending fall camp. In this northern wood setting, that offers exceptional facilities and service.

"At camp you meet different teenagers who attend Young Life at their high schools," Suave said.

Young Life camp offers the opportunity for kids to get away from the pressures of everyday life. Brighton Young Life is ran by Jonathan and Erin Wendrick, alongside Ali Nichols and Eli White. As a Young Life leader, these adults are committed to being

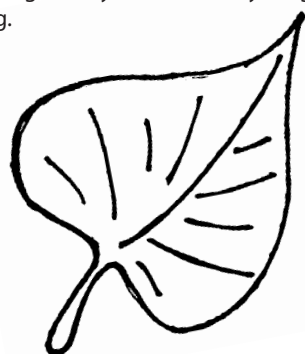
involved with kids lives, and believes that kids deserve to know what life can hold for them.

"I wanted to become a Young Life leader because I have a passion for High Schoolers and a desire to walk through life with them," Erin Wendrick said.

"Young Life camp is special to me because it's a great place to get away. Going to camp made me realize that Young Life is where I belong and has given me great role models and amazing friends." Junior Savannah Redlinger said who has been attending Young Life for three years.

Redlinger also says her favorite part about camp is the food by far. She also enjoys making new friends and the fact that she is constantly being pushed outside of her comfort zone.

Young Life meets every two out of three weeks for Club throughout the school year. It is open to every high schooler to have a safe place to come, be themselves, and have fun. It's also a place where they can explore their faith and decide who Jesus is for themselves. Alongside Club, Brighton Young Life offers Campaigners for those who have questions and want to dive deeper in the Bible. If you are interested in learning more about Young Life, you can visit younglife.org.



Take a trip South with southern pumpkin pie

Claire Okoniewski
Copy Editor

We all know the taste of a mediocre pumpkin pie made with two eggs, 16 ounces of pumpkin puree, 14 ounces of sweetened condensed milk, 1 teaspoon of pumpkin pie spice, and a 9 inch unbaked pie crust. Although that taste is what many of us Thanksgiving fanatics are used to, the limit does not exist of all of the things you can do to the recipe to make your pumpkin pie extraordinary.

Anyone who has tasted southern pumpkin pie will tell you that the taste of northern pumpkin pies are bland. In order to fix that, we have a southern recipe for a pumpkin pie.

Some people strongly dislike using the frozen crust, to solve that problem we have a recipe for the best flakey pie crust. Many people make pumpkin pie using canned pumpkin because they have never heard of doing

it any other way, but we have a recipe made straight from a pumpkin that will blow you away.

You could start with a more southern recipe using two eggs, 1 3/4 cup of canned pumpkin, 1 3/4 can of sweetened condensed milk, 1 cup of brown sugar, 2 tablespoons of sugar, 1 1/4 teaspoons of ground cinnamon, 1/2 teaspoon of salt, 1/2 teaspoon of ground ginger, 1/2 teaspoon of ground nutmeg, and a 9 inch pie crust. This recipe gives the pumpkin pie a very creamy and perfectly spiced taste. This recipe is great for people who think pumpkin pie is too bland and unseasoned.

If your issue is with the bland crust that has been frozen for weeks, this flakey pie crust recipe will solve all of your problems.

In a large bowl combine 1 3/4 cups of all purpose flour, 3/4 tablespoon of salt, and 2 teaspoons of granulated sugar until well combined. Then, add 6 tablespoons of cold unsalted butter diced into small slices and toss

stem and scrape the insides out, throwing away the seeds. Cut the pumpkin in half and put them cut side down onto a rimmed baking sheet covered in aluminum foil. Rub canola oil all over the skin and bake until fork tender, about one hour. Let it cool. Scoop out the pulp from the roasted pumpkin and puree in a food processor until smooth. Add a 14 ounce can of sweetened condensed milk, 1/2 cup of whipping cream, 2 tablespoons of cornstarch, 2 tablespoons of molasses, 2 tablespoons of canola oil, 1 tablespoon of ground cinnamon, 1 teaspoon of ground ginger, 1/4 teaspoon of salt, and 3 large eggs and combine thoroughly. I prefer my pumpkin pies with nutmeg and if you do also, you could add 1/4 tablespoon of freshy ground nutmeg.

This recipe makes the consistency of the pie very smooth and not slimy.



Have no worries, there is also an alternative to canned pumpkin. Take a medium pumpkin and cut out the

Yellow Ribbon Week embraces Brighton High

Konstantina Kostakos
Copy Editor

Everyone has a loved one or a friend that they are concerned for. Brighton High School has the solution to their worries. It's called Yellow Ribbon Week, and consists of an assembly, various lunch activities, such as pledges, Hope for the Day, You Matter and much more. The main focus for Yellow Ribbon Week is raising awareness on depression, suicide, and social issues. Outside of Yellow Ribbon Week, November is Suicide Awareness Month, which attempts to achieve similar goals, except on a larger scale. Through these organizations, many hope to achieve enough love and understanding to fight back against these issues.

The assembly was a very emotional presentation where certain BKOM students were kind enough to share their stories about the struggles they overcame. By hearing their stories,

hopefully they can encourage the underclassmen to speak up and seek help for their problems before things go too far. Their experiences they talked about stirred up questions and concerns within many of their peers, not only because they were unaware of their tribulations, but because they couldn't imagine the pain they went through. Coming into high school is a big step for a teenager and can be emotionally difficult and mentally strenuous so it's important to keep your head up and seek help when you need it.

Deb Kluck oversees BKOM and makes sure everything runs smoothly for the organization.

"I feel as though Yellow Ribbon benefits the whole school even though it is a very sad week because it brings up many different feelings. This week makes people realize that everyone has feelings and needs. The BKOM board shared their invisible backpacks, what happens in their lives,

to help people understand that you must be kind to everyone, you do not know what they go through. Everyone goes through difficulties that they might not share. Please just be kind," Kluck said.

One student that stood up and shared their story at the assembly is senior BKOM mentor, Natalie Toth. Toth has endured many difficult times in the past.

"I think Yellow Ribbon Week is one of the most impactful weeks of the year. Yellow Ribbon allows people to realize they are not alone, and to see and understand others hardships. This program provides awareness, help, and hope to those in need that might not know what to do," Toth said.

Steven Hall discussed hardships with the mental illness he faced in the Yellow Ribbon Week video. It took a lot of courage for Hall to discuss his issue with depression but he did it in order to inspire others, to get the help they need. For such a social person who is

National Honor Society helping Livingston County through local food drive

Cameron Kraning
Information Editor

Brighton finds many ways of helping the community and giving to the people in need. This month Brighton High School has found a way to give back to the community is with the food drive that was held November 9th- 24th.

The food drive is held by Brighton's National Honor Society (NHS) every year in hopes to help the people of Brighton in need. NHS will be collecting food products that are non perishable, so foods that will not rot or go stale. Other than bringing in food, donations are also more than welcome. All the food and money will be going to the local Gleaners Food Bank.

A friendly competition will be held to see which class could collect the most goods. There will be a first, second, and third place winners that will each win a prize. The first place class will win a Salsarita party, second and third place will win a pizza party. Even classes that collect at least 500 cans will be rewarded with cookies provided by NHS.

Some students ask if the food the bring will really make a difference.

"Each donation makes a huge difference. Whether you donate actual food or bring in money, your donation goes towards providing real people in the Brighton area with meals

that they really need," NHS student Kendall Billig said.

Every year, NHS looks for new ways to build on the food drive from the prior year. This year, there isn't much of a difference from last year's food drive, but they are always open to new ideas from students or staff to build upon.

"There isn't much difference between this year's drive and last year's, but we're always looking to improve upon former accomplishments, so it would be awesome if we could get even more donations than last year. The more donations, the more people we can help, and that's really the whole point," NHS student Julia Rane-se said.

Looking around the community of Brighton, people wouldn't expect there would be people who are hungry and in need of the food at Gleaners. The local Gleaners Food Bank is not just open to Brighton people but whoever is need of the extra help.

"Unfortunately, hunger is an issue no matter where you go. We're fortunate enough to live in an area where it's not super widespread, but of course there are people in Brighton that do go hungry. Gleaners helps all over Livingston county though, so donations will be helping locally, in communities that we're all familiar with," NHS student Gabrielle Wihongi said.

Annual BHS blood drive looks to saves more lives this fall

Jack Hook
Staff Reporter

Brighton High has an annual blood drive, allowing students ages sixteen and up and staff members to donate blood, giving people who need blood a second chance. Every donor gives one pint of blood. One pint donated equals three lives saved.

"It's good to help people give blood because it saves many lives and is good to give to people in need," senior Rob Ort said.

Brighton has two blood drives a year, one in the fall and one in the spring giving students more than one opportunity a year to donate.

Brighton holds the largest blood drive in the county. Leadership's goal for the fall blood drive is to have 150 people to sign up for the blood drive, but they think only about 120 will actually donate because some of the donor's blood may not qualify. If they achieve this then up to 360 lives, possibly more, could be saved during the fall drive alone.

"We've had a consistent amount of donors over the years, students realize the importance of their donation, each unit donated saves potentially three lives," teacher Arnella Park said.

People's blood donations are a necessity to those in need. Many life saving medical treatments and procedures involve blood transfusions and would not be possible without a reliable blood supply.

People's donation gives people hope and a feeling of accomplishment to themselves and others. Do-

nors receive a good feeling because it can give you realize that you have done something for another person that is in need.

"This could be you in a situation like this so you'd want people to donate blood, donating has more meaning behind it than you think," junior Evan Wilson said.

Some people choose not donate blood because they have a fear of needles, some have a fear of the sight of blood which makes them sick and lightheaded. This is one of the main causes as to why some people choose not to donate, which is understandable. Donating blood is not an easy task and it takes a lot of courage, but in the long run, people who choose to donate will save lives which is an amazing accomplishment.

Students and staff members can sign up to donate November 17th, and 18th. Donations will occur through Red Cross December 2nd in the auxiliary gym.

